

Permanent Makeup Post Treatment: Advice and Procedures

Immediately Following Cosmetic Tattoo Procedure

Apply ice to treated area for 5-10 minutes. Ice helps reduce swelling and aids in healing.

- ★ Make sure hands are clean and gently apply ointments **sparingly** to pigmented area.
- ★ Do not rub or pick at the epithelial crust, allow it to flake off on its own. Absolutely no scrubbing, no cleansing creams or chemicals.
- ★ Do not expose treated area to full pressure of the water in the shower.
- ★ Do not soak treated area in bath, swimming pool or hot tub. Do not swim in fresh, salt, or chlorinated pool water until healed.
- ★ Do not expose treated area to the sun or tanning beds until healed.

Special Instructions for Eyebrows:

*The morning after your eyebrow procedure, ice your brows for about 5-10 minutes. **Gently** wash your brows with baby shampoo or an antibacterial soap. This will get some of the lymph and residue off the brows. Follow back up with a thin layer of Bacitracin ointment*

Bacitracin – 2-4x's a day for 2 Days

Aquaphor – After Day 2, use Aquaphor until exfoliation stops: (5 days - 2 Weeks)

For 14 Days

- ★ Avoid plucking, waxing, and electrolysis until healed
- ★ Keep area hydrated with Aquaphor until you have no visible dryness.

Special Instructions for Eyeliner:

*Do not use mascara, after the area has healed use a NEW tube of mascara: **(After Day 4)**

Bacitracin – 2-4x's a day for 2 Days: **Today and Tomorrow**

(Do **NOT** apply Bacitracin ointment more than **4x's** a day if more is needed use Aquaphor)

Aquaphor – After tomorrow, use Aquaphor on Day 3 and Day 4

After Day 4, use Aquaphor at night for 1 week if needed.

Follow for 14 Days

- ★ Do not use an eyelash curler
- ★ Do not have your eyelashes permed or tinted for at least 2 weeks after the procedure
- ★ Do not use Latisse or eyelash growth serums for 2 weeks after procedure.
Discontinue use 2 weeks-1 month before your touchup application. (Adds sensitivity to the tissue)

Special Instructions for Lip Liner Shading or Full Lip Color:

Bacitracin – 4-5x's a day for 2 Days | **Alternate with GLOSSED Ointment**

★ Can use triple antibiotic ointment with pain reliever

Aquaphor – After Day 2, use Aquaphor until dryness or peeling stops: (3-7 Days) | **Alternate with GLOSSED Ointment**

Follow for 5 Days

- ★ Drink through a straw
- ★ Avoid greasy, spicy, acidic, or salty foods
- ★ Keep toothpaste from contacting your lips
- ★ Do not have your teeth bleached while your lips are healing

***Failure to follow post-treatment instructions may cause loss of pigment, discolorations or infection.** Remember, colors appear brighter and more sharply defined immediately following the procedure. As the healing progresses, color will soften. A touch-up procedure may or may not be necessary. Final results cannot be determined until healing is complete. The touch-up procedures are covered in the initial cost if scheduled 60-90 days following procedure.

Permanent makeup can last many years to come however be sure to use a total sun block after the procedure area has healed to prevent future fading of pigment color. Also, be careful of constant rubbing to eyes or picking your lips. Over time, this could wear away the permanent makeup. Look for **glycolic acid or Retin A** in night creams, the acid could pull pigments out of the skin.

PLEASE CALL WITH ANY QUESTIONS OR CONCERNS. ENJOY YOUR PERMANENT COSMETICS!

Erin Meier, CMM

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***If you have questions or scheduling changes, please call/text during office hours Monday-Friday 9:00-5:00. Please be respectful of my time with family with calls or text messages after hours. Thanks so much!**

★ TAKE AS NEEDED
VITAMIN C IB PROFEN or TYLENOL BENADRYL/ANTIHESTAMINE EYE DROPS (Eyeliner Only)

Touchup | Refresh Pricing

★ A touchup is included in the price if scheduled within 60-90 days of initial procedure.

(Please let Erin know within 2 weeks if anything needs enhanced or spot treated after the touchup)

★ \$100 – Spot Treatment

★ \$175 - 60 days to 1 year after application.

★ \$225 - 1 year refresh.

★ \$250-\$350 – 2-4 year refresh.

(Pricing depends on which area and how much enhancement is needed to the procedure. To get exact pricing, send Erin a picture or come in for a take a look:)

*To keep your permanent makeup looking perfect, a touchup application is recommended 2-6 years following procedure.