

Erin Meier, CMM

Primeline OKC

Under Supervision of Dr. Ivan Wayne, MD: W Facial Aesthetics

Scalp Micropigmentation Post-Treatment Instructions

3-4 Days Post-Treatment

The following rules apply to care after each treatment session.

- Please avoid intense exercise or heavy sweating.
- Do not rinse, scrub, or shampoo the treatment area.
 - You may lightly dab the area with a wet cloth, but do not soak the treatment area.
- Please do not, shave the treatment area.
- Do not expose the treatment area to long term sunlight.
 - You may wear hats and sunblock to protect the treatment area from direct sun exposure.
- Please avoid touching the treatment area with your hands.
- Please drink plenty of water as it aids the healing process.
- Please avoid the use of chlorinated pools, saunas, steam rooms, tanning beds, and direct sunlight for 28 days after your final treatment session.

5-7 Days Post-Treatment

The following rules apply to care after each treatment session.

- Please do not scratch, scrub, or shampoo the treatment area. If tiny scabs are present, allow them to slough off naturally.
 - You may begin lightly rinsing the treatment area with water.
- Please do not use any self-tanners or other skin irritants.
 - However, fragrance-free moisturizer may be used.
- You may carefully shave or cut your hair.
- You may now also resume light exercise.
- Please avoid the use of chlorinated pools, saunas, steam rooms, tanning beds, and direct sunlight for 28 days after your final treatment session.

*Avoid alcohol-based products on your scalp.

Appointment Times:

Clients will require multiple appointments scheduled 7-10 days apart.

Session 1: _____

Session 2: _____

Session 3: _____

***If you have questions or scheduling changes, please call/text during office hours Monday-Friday 9:00-5:00. Please be respectful of my time with family with calls or text messages after hours. Thanks so much!**