

## Permanent Makeup Post Treatment: Advice and Procedures

### **\*Immediately Following Cosmetic Tattoo Procedure\***

Apply ice to treated area for 10-30 minutes. Ice helps reduce swelling and aids in healing.

- ★ Make sure hands are clean and gently apply ointments **sparingly** to pigmented area.
- ★ Do not rub or pick at the epithelial crust, allow it to flake off on its own. Absolutely no scrubbing, no cleansing creams or chemicals.
- ★ Do not expose treated area to full pressure of the water in the shower.
- ★ Do not soak treated area in bath, swimming pool or hot tub. Do not swim in fresh, salt, or chlorinated pool water until healed.
- ★ Do not expose treated area to the sun or tanning beds until healed.

### Special Instructions for Eyebrows:

\*The morning after your eyebrow procedure, ice your brows for about 10 minutes. **Gently** wash your brows with baby shampoo or an antibacterial soap. This will get some of the blood and residue off the brows. Follow back up with a thin layer of Bacitracin ointment\*

**Bacitracin** – 4-5x's a day for 2 Days

**Vaseline** – After Day 2, use Vaseline until scabs come off: (5 days - 2 Weeks)

*\*For 14 Days\**

- ★ Avoid plucking, waxing, and electrolysis until healed
- ★ Keep area lubricated with Vaseline until scabs come off completely

### Special Instructions for Eyeliner:

\*Do not use mascara, after the area has healed use a NEW tube of mascara: **(After Day 4)**

**Bacitracin** – 3-4x's a day for 2 Days: **Today and Tomorrow**

(Do **NOT** apply Bacitracin ointment more than **4x's** a day if more is needed use Vaseline)

**Vaseline** – After tomorrow, use Vaseline on Day 3 and Day 4

After Day 4, use Vaseline at night for 1 week

*\*Follow for 14 Days\**

- ★ Do not use an eyelash curler
- ★ Do not have your eyelashes permed or tinted for at least 2 weeks after the procedure
- ★ Do not use Latisse or eyelash growth serums for 2 weeks after procedure.  
Discontinue use 2 weeks before your touchup application. (Adds sensitivity to the tissue)

### Special Instructions for Lip Liner Shading or Full Lip Color:

**Bacitracin** – 4-5x's a day for 2 Days

★ Can use triple antibiotic ointment with pain reliever

**Vaseline** – After Day 2, use Vaseline until scabs come off: (3-7 Days)

*\*Follow for 14 Days\**

- ★ Drink through a straw
- ★ Avoid greasy, spicy, acidic, or salty foods
- ★ Keep toothpaste from contacting your lips
- ★ Do not have your teeth bleached while your lips are healing