

Pre-Treatment Advice and Procedures

(Eyebrows, Eyeliners, Lip Liner/Full Lips)

- ★ Since delicate skin or sensitive areas may swell, redden, or slightly bruise, it is advised not to make social plans for the same day. Lip color and brow color may appear “crusty” for up to one week after procedure.
- ★ DO NOT use **aspirin or ibuprofen** for 2-3 days prior to your procedure unless needed on a day to day basis. Take Tylenol 30 minutes prior to procedure.
- ★ Remove all makeup before you arrive. If you are having lips or brows done, please bring your favorite pencils in order to match the color!
- ★ DO NOT use chemical peels, Retin-A, topical steroids, or products containing alpha hydroxyl acids or other acids on the area that will be pigmented for two weeks before procedure.

Special Instructions for Eyebrows:

- ★ If unwanted hair is normally removed in the area to be treated, (ex. Tweezing or Waxing) the hair removal should be done at least 2 days prior to your procedure. Electrolysis should not be done within five days of procedure. Do not resume any method of hair removal for a week after procedure.
- ★ If brows are normally dyed, do not have that procedure done within 48 hours of the procedure. Wait one week after the brow procedure before dyeing your brows.

Special Instructions for Eyeliner:

- ★ Do not use an eyelash curler on the day of your procedure.
- ★ Do not wear contact lenses to your appointment or for 24 hours after your procedure.
- ★ If eyelashes are normally dyed, do not have that procedure done within 48 hours of the procedure. Wait one week after the eyeliner procedure before dyeing eyelashes.
- ★ Do not use Latisse or eyelash growth serums for 2 weeks after procedure. Discontinue use 2 weeks before your touchup application. (Adds sensitivity to the tissue)

Special Instructions for Lip Liner Shading or Full Lip Color:

- ★ If you have ever had a cold sore, ask your physician for a prescription for an oral anti-viral medication (such as Zoviras or Valtrex) and begin taking it four days before your procedure. This procedure is likely to re-activate the problem.

I look forward to working with you! If you have any questions please call or make notes so I can discuss them with you when you arrive for your appointment!

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